

wants to experience but cannot because such experiences are discouraged or not structured.

BUILDING THE “PLATFORM OF SAFETY”

Permanence (0-18 months)

The capacity to hold the connection to the parent’s sensory-based security, comfort and warmth, even when out of sensory contact of the parent. “My parent continues to exist as well”

- **Cover and uncover, hide and seek, treasure hunts, the “lumps game”, peek-a-boo is the normal equivalent.**
- **Transitional objects “Wrap them up in sensory connects”**

Photographs of parent and child together on sheets, lanyards, id badges, lockets, etc.

Audio-tape recording of parent’s voice at night

T-shirt first worn by parent then placed on body of child at night to evoke the scent of parent

The “box of parent”, stuffed animals, at school

Interventions that target evoking the sensory connection to parent, and thus to self, reduces the terror in their “ocean” of “do I continue to exist”, fundamental fear and anxiety.